A & E

Symphony concert gives tantalizing treats

page 3

Features

Massages will be offered free in January

page 6

Sports

Grapplers dominate tourney

page 8

Wartburg
Trumpet

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Students face final countdown

Crunch time causes stress for Wartburg students this week

by Kerrie Larson

When most adults hear the word "December," the first words that pop into their heads are Christmas, bills, shopping and cold weather.

These thoughts are different from those you will hear when a Wartburg student answers the same question. The first words you will hear out of their mouths are finals and stress.

Stress is something that everyone experiences at some point in time, but for Wartburg students the most prevalent time is finals.

"I feel stressed right now because there are just so many things to get done. I am so on edge that when I go to bed at night, I can't sleep because I just think of all the things I have to get done," Lori Steege, '98, said.

Stress can be felt around the campus in all forms, whether it be tension between friends, annoyance at the extremely busy cafeteria lines at 5 p.m., or the final blowup at someone in the computer lab as you fight over who is going to get that last available Macintosh.

"Relax. It's difficult to do under so much pressure right now, but it is so important because your body just can't handle all the anxiety," said counseling intern Shelia Behrens. "Put studying aside and just play. Enjoy yourself."

Students will be able to do just that through the various study breaks that are being offered around campus by various groups. Most breaks involve indulging in junk food, but some also concentrate on relaxing the body. Backrubs are being offered in Centennial Complex and Behrens will be leading interactive games and mind relievers in a session on Tuesday.

According to Behrens, we all need to be willing to take short time-outs and laugh.

"As the old adage goes, 'laughter is the best medicine,'" she said.

Some students can take overdoses of laughter and get rather goofy. Whether it is from all the caffeine or just plain exhaustion, people can be found making snow angels, playing Nerf football in the computer lab at 2 a.m. or having a slumber party in a dorm room.

The amount of stress felt by students around campus varies.

Sarah Thomas, '98, said she wasn't stressed because she only has one final and it is today. In contrast, Heidi Fritcher, '97, was found running around campus taking a Literature of the Old and New Testament test, finishing a photography project, starting and finishing a drawing project and filling twenty pages of a sketchbook all on Friday. Fritcher may be an exception to the norm, though, as everything had to be done before she left for Europe yesterday morning.

All this running by students can sometimes cause some serious side effects.

"A lot of people forget what is really important and take everything too seriously. Our health is a very serious thing, too," Behrens said. "Too many people forget about their bodies and let their immune system get rundown."

According to Randi Ellefson, nurse at the Health and Wellness Center, the number of people who come in to the center doesn't increase at this time of the year, but the degree of illness is heightened. In most situations, stress is definitely a major factor.

"Students just don't take the time and come in to get checked," said Ellefson.

STRESSING OUT—Rachel Hill, '99, and Mariah Hurley, '99, pull their hair while studying for final exams in Buhr Lounge. *Photo by Nathan Friesen*

December grads face finals, job market

by Sarah Albertson

Wartburg said farewell to 25 seniors Sunday morning in a small ceremony held for December graduates in the Chapel.

Outside the Chapel doors the real world and finals awaited them.

"Ceremonies are important milestones in life," said Campus Pastor Larry Trachte. "The students walking across the stage symbolizes them walking out of Wartburg into the world."

However, the graduates still have many obstacles to overcome before they can breathe their sigh of relief. Finals await them this week, as they do for all students, but graduates are also looking ahead to the job market.

"I'm not happy that graduation is before finals. It takes away from the feeling of being done," said Brain Swaninger, a History major who is planning to take a year off before going to law school.

Swaninger has been very busy preparing for finals, the graduation ceremony, moving and cleaning. He suggests that finals be waived for most December graduates, but he qualifies that each situation would need to be viewed separately.

The outlook on the job market is a little more optimistic this year. A 4.7% increase in the number of new college graduates who will be able to find jobs by spring is expected, according to a survey released this week by Michigan State University. However, they also project that starting salaries will only increase by .5% compared to last year.

> **"I'm not happy that graduation is before finals. It takes away the feeling of being done."**
>
> *Brian Swaninger, '95*

Will Smith, director of the Career Center, said the actual job search process takes about six or seven months. He said most seniors do not land jobs right out of college because they are too busy to start their job search during school. He said although the Career Center's primary concern is students on campus, its resources are still available to alumni.

Smith said 70 to 80% of jobs are not even advertised, so in many situations it is a case where it comes down to networking.

"Once you get your foot in the door, you still have to prove yourself in the interview," Smith said.

He added that internships, part-time work and volunteer work are good ways to gain experience and become familiar with people in different fields.

Communication skills, critical thinking, creativity, computer skills and being a team player are the most important things employers look for Smith said.

-see Graduation, page 3

SINGING BY CANDLELIGHT—Worshippers enjoy last night's candlelit chapel service. *Photo by Nathan Friesen*

In Brief

Campus News

▼ RESIDENCE HALL DIRECTOR ASSAULTED—Clinton Residence Hall Director Greg Allen was assaulted early Sunday morning by a Wartburg student, and a Clinton Christmas tree was vandalized.

Several students confirmed the events, but police reports regarding the assaults were not available at press time. Allen declined to comment.

Students said the attack on Allen may have been connected with an earlier fight outside the library between two students. Consequently, look for complete coverage in next term's *Trumpet*.

▼ FESTIVAL OF TREES WINNERS ANNOUNCED—Congratulations to the winners of the CAB-sponsored Wartburg Festival of Trees decorating contest. Residents of the Schmidt House took home first place. Clinton Hall decorated the second-place pine and The Complex earned third-place recognition.

▼ CHANGES AHEAD FOR GROWING LIBRARY BOOK DELIVERY SERVICE—Students used the library book delivery service more as the term progressed, according to Jonathan Helmke, '96, student manager in charge of the service.

"It was like the book had legs and walked to me," Meloyne Wimbley, '98, said of the delivery system.

Journals will be available next term for delivery, and the service will offer a Sunday evening delivery time.

—compiled by Kendra Kehe

▼ WINTER TERM DANCE TEAM TAKES *SHAPE*—*Thirteen students have been selected to perform at basketball games and some wrestling meets. Its first appearance will be at the Luther basketball games Jan. 5. Captain of this year's team is Sarah Taylor, '97. Sherry Bryson, director of college relations, is the team adviser.*

Members are: Shannon McNamara, '97; Chelsea Thode, '97; Rachel Hill, '99; Hollie Carlson, '99; Angela Gorsuch, '99; Suzanne Mory, '99; Christy Roby, '97; Regina Hibbard, '98; Rachel Bailey, '99; Melissa Smith, '99; Penney Priebe, '99; and Courtlan Telford, '98.

World News

▼ 240 WAVERLY EMPLOYEES BACK TO WORK AT KOEHRING—Workers at Koehring Crane and Excavators, Waverly's third largest employer, returned to work yesterday. The workers went on strike Monday when the new company contract was rejected. The union workers, affiliated with United Auto Workers Amalgamated Local 411, and officials at Koehring did not discuss details talked about at the bargaining table.

Dick Crayne, Waverly's city administrator, says such strikes "could have an economic impact on the city."

Two Wartburg students, Brian Poock, '98, and Tonya Bollman, '98, have parents who work at Koehring.

—compiled by Stacey Aldinger

▼ BOB BARKER SUES MODEL—Bob Barker has filed a slander and libel suit against former *The Price is Right* model Holly Hallstrom. Hallstrom has been claiming that she was fired from CBS' daytime game show because of excess weight. But Barker says Hallstrom was asked if she would accept early retirement because of cutbacks being made on the program. He says an early retirement settlement was negotiated, but Hallstrom never signed it.

—compiled from College FAXNEWS Service

Anchors explore '90s media

by Maren Brajkovich

Tuesday night KGAN-TV anchor Amy Johnson and KWWL anchor Liz Mathis were the featured guests on the Television Production program "Media in the '90s." The discussion centered on the field of broadcast journalism today and the role of women in the media.

Shena Blomgren, '98, hosted the program that included questions called in by viewers and from the studio audience.

Johnson emphasized the opportunities in the field.

"It's not just the people with the talent, or the charisma, or the connections that make it. The prima donnas in this industry are the ones who go down. You have to be a team player. The one rule I live by is: Try hard and have a good attitude."

As the host and audience fell silent, Mathis smiled broadly and quipped, "Ditto."

Johnson also talked about the obstacles women face in broadcasting.

"Going into TV was something I always wanted to do but was scared people would laugh at me. It was just a dream."

BROADCASTING BANTER—KWWL anchor Liz Mathis, KGAN anchor Amy Johnson and Shena Blomgren, '98, discuss the opportunities in broadcasting as part of "Media in the '90s," a live program run by Television Production students. *Photo by Nathan Friesen*

Mathis shared some of her early experiences as the Cedar Rapids beat reporter for KWWL.

"I liked to shoot my own video because of the control factor. Sometimes I'd take a photographer out, let him take a couple pictures and then take my own."

Both women talked about the TV journalist as a celebrity. Johnson said she considers it important that, as an anchor, she is a community role model.

"We have the power in the media to do great things, big things." she said. "When I can do good things like help raise money for causes or make people aware of something, it makes me feel really good."

Campus expansions on the way

by Gage Butterbrodt

Wartburg's Budget and Building Committee is looking for feedback concerning several project commitments currently being reviewed.

The committee is looking to upgrade the college's capital project schedule for the next decade.

Projects currently being addressed, according to Dr. Ron Matthias, vice president for adminstration and finance and chair of the Budget and Building Committee, include:

- A new library
- Renovations to Becker Hall and the Student Union
- Technology resources
- Additional public parking

Any actual changes to be made could end up as a series of projects done in a summer-by-summer process.

"We're looking at some substantial expansion. There are things we will undoubtedly be doing in the summers to come."

Dr. Ron Matthias, vice president for administration and finance

"These ideas are receiving strong consideration as far as our planning for the future of this campus," said Matthias. "Feedback is being requested of a lot of people, including students and faculty."

An architect will visit Wartburg on Jan. 8 to meet with various organizations on campus. The two sides will then discuss student feedback, and the approach to be taken for these projects.

Students had the option to voice their opinions by signing sheets located on tables in the cafeteria.

According to Lisa Powers, '98, chair of the Student Senate Publicity Committee, not many suggestions were written, although many students agreed changes needed to be made.

"I feel these are all worthwhile projects that need to be addressed," said Powers. "It will be good for the future of Wartburg and for any future prospective students looking to attend here."

"I saw comments from 'I want chicken tortilla soup,' to 'Kill Pete Armstrong' to 'Give Jane a raise,'" said Eric Hanson, '96, Student Body President, and a member of the Budget and Building Committee. "We're going to compile the responses, tally them and pass them on to their respective departments. Once in their hands, it will go through them directly to the architect."

Powers added that the Publicity Committee plans to combine its feedback with project suggestions from the Academic Policies Committee. Both groups will be sending them collectively to the Budget and Building Committee for review.

All five of these issues are to be addressed during the next 10 years. Although the order in which these projects will be started is unknown, Matthias made it clear that action will be taken.

"A time frame for these hasn't been set at this point," he said. "We want to first complete the process by seeing responses from the campus community. We're looking at some substantial expansion. There are things we will undoubtedly be doing in the summers to come."

Happy Holidays from the Trumpet

The next issue of the *Trumpet* will be Jan. 8

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Road wins boost Knights

by Brian Van De Berg

The Knights Men's Basketball team was undefeated on the road this week, defeating Coe College and the Clarke Crusaders.

"It was a great win, being on the road," Eric Foote said.

The Knights returned home late last night from the Cedar Rapids game, after destroying the Coe Kohawks 79-67.

"This was a big win, since it is tough to play during finals week," Lucas DeWitt said.

The Knights shot an excellent 54.5% from the field, overpowering the Kohawks' 42.9% from this range. Matt Freesemann led the Knights in scoring this week with 29 points.

The Knights gave up 19 turnovers in the game.

"They played good defense, and they denied the open shots," DeWitt said.

This gave the Kohawks a strong advantage, since they only gave up 12 turnovers.

Steals contribute to the turnovers, and for the Knights more steals could help them overcome the turnover ratio. DeWitt lead the defensive effort by capturing three steals for the Knights. The Knights recovered a total of six steals in the game, while the Kohawks doubled Wartburg's steals with 12.

The Knights had another great night from the 3-point stripe, shooting 53.3% from long range. Marcus Williams led the team, shooting three for five from beyond the three-point arc. Wartburg scored 24 points off three pointers, doubling the 12 points the Kohawks scored from this range.

"They took a lot of long range shots, resulting in a lot of rebounds," said Dewitt.

The Knights also defeated the Kohawks rebounding Sunday night. Wartburg cleaned the glass well, recovering 37, while the Kohawks only had 21 rebounds.

"In six games, we have had six different leading rebounders," Head Basketball Coach Howard Gauthier said.

DeWitt led the Knights in assists with five, while Foote delivered just shy of that with four.

The leading rebounders for the Knights were Travis Montgomery and DeWitt. They each claimed seven rebounds, tying for the honor of leading rebounder.

"Overall, this win was a great team effort," Coach Gauthier said.

"We're finally coming together as a team," Foote said.

The men's basketball team moved to a strong 5-1 record after the Coe basketball game, while Coe dropped to 2-6 in their Conference.

Earlier this week the Wartburg Knights attacked the Clarke Crusaders in Kehl Center in Dubuque, defeating them 69-55.

The Knights had a rough night from the field, shooting 37% in the first half and a dismal 29.6% in the second half. The Knights' total game shooting percentage fell just short of the Crusaders average of 35.4%.

Wartburg exploded from the three-point line Tuesday night, shooting 42.1% from downtown. Freesemann had an impressive three point night, hitting three for three from the outside range. The three pointers added 24 points to the Knights' score while the Crusaders only found nine points from the three-point line.

The ever important free-throw line sank in favor of Clarke College. The Knights shot 64.3% from the free-throw line while the Crusaders shot a superior 75%. Foote and Freesemann, led the team in free throw shooting, hitting three for four from the line.

Turnovers always seem to play a key role in any basketball game. The Knights turned the ball over 18 times against Clarke. The turnover ratio was exceptional in this game, since Clarke turned turned the ball over to the Knights only 15 times.

The Knights' bench couldn't keep up with the Clarke bench, only scoring 8 points to the 36 points from the Crusaders.

Rebounds were a key factor in this game as well, with the Knights out rebounding the Crusaders 57 to 39. Montgomery pulled down 12 boards to lead the team against Clarke.

"Two road wins were great for us this week," said DeWitt.

JV women edge ICCC, men downed by Coe

by Brian Van De Berg

The men's and women's junior varsity basketball teams split with one win and one loss last week.

The women's basketball team defeated a tough Iowa Central Community College team, 68-66.

The game began quickly,as the Knights took an early ten-point lead against the struggling ICCC team.

The junior varsity team put on the pressure with a full court press the entire game.

Junior Varsity Coach Kathy Roberts played every player that was dressed for the game.

The ICCC played with only seven players, so Wartburg had many more people to work with to run their pressure.

"We need to work on our transition game," Elly Michels said.

Tonya Bollman was hot from three-point range, hitting three in a row late in the first half.

"We played well, but we still need work on our rebounding," Kayah-Bah Phillmann said.

"We need to work on our offense, but we are pulling together to form a well-balanced team," Mlcheals said.

The men's junior varsity basketball team returned home last night after a tough loss to the Coe Kohawks.

"We were not mentally ready to play the game in the first half," Michael Lee said.

"We needed stronger defense, and we were even a little sluggish," Anthony Daugherty added.

The team fell behind in the first half, but came back to make the game respectable in the second half.

"We played all right in the second half," Michael Burggraaf said.

"We didn't have that 'all-around basketball,' but we did have a strong second half," Micheal Lee said.

Sports Shorts

FOOTBALL—Six individual records were set or tied by Wartburg's football team this season. Freshman tailback Trevor Shannon set the longest run from scrimmage with his 90-yard run in the game against Luther. Junior quarterback Brian Nelson now holds the record for the most touchdown passes in a season with 19. Nelson is also tied for the number of touchdown passes in a game. He threw four against Upper Iowa, tying the record held by Gary Walljasper in 1983. Junior tailback Chad Briggs tied the record set by Kevin Hudson 1993 for the most touchdowns in a game racking up four against Dubuque. Place Kicker Eric George successfully kicked 38 extra points during the season to tie the record for most points after touchdown in a season. Junior wide receiver Chris Shannon tied the record for the longest pass play from scrimmage held by Don Smith with a 84-yard touchdown catch.

FOOTBALL—Vince Penningroth was named to the American football Coaches Association (AFCA) College Division III Coaches All-American team. Penningroth, a senior, was a defensive end for the Knights.

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WARTBURG SPORTS

Knights capture home tourney

by Michelle Van Dorn

After hours of deliberation on the mat, Wartburg was the obvious winner over Augustana at the 23rd annual Dick Walker Invitational.

"It was our first true test of the year against some very good teams," Head Wrestling Coach Jim Miller said. "It was critical that we wrestle well here."

The meet is named in honor of the former Wartburg coach, Dick Walker.

Scoring 192 points to Augustana's 124, Wartburg advanced 11 wrestlers to the championship matches.

"We lost a lot of tight matches in overtime," Miller said. "For a while it looked like we might have 10 in the finals. Two overtime periods prevented that."

The final matches were still filled with Wartburg wrestlers, fighting to the very end. Wartburg was represented in every weight class.

Preston Essex was the winner at 118 pounds with a 3-1 decision over teammate Kelly Seery.

At 126 pounds, Colby Yoder took fifth in a match against teammate Josh Coleman winning with a 9-3 decision.

Tom Smith fought his way to the final championship match adding another individual title to Wartburg's tally. Smith won by a major decision over Jesse Kennedy of Augustana, 17-2.

"We out-fight and out-work other teams," Miller said.

Smith's advantage over his competitors is his attitude, Miller said. While some grow tired as the lengthy meets drag, Smith grows stronger with each hour.

"My strength is just keeping on people," Smith said. He said he doesn't get tired; his opponents do.

Early on in the meet, Dusty Rhodes lost to Matt Ironside, the 134-pound champion from Iowa Central. Rhodes was able to come back to take a third-place finish for the Knights.

Jamal Fox's win started with a roll, escaping from opponent Nick Salandra of Augustana. From there Fox controlled the match, repeatedly taking down Salandra. Fox won by decision the 142-pound weight class, 17-11.

At 150 pounds, Wartburg again faced each other in the finals. Kevin Miller faced his own teammate, Brian Roberts. Roberts, a wild card, won by decision 6-4.

However, Roberts and Miller were unable to score points for their team, because they were entered as wild cards. The simply took possible points away from the other teams.

Greg Halsor won the championship match at 158 pounds in overtime against teammate John Mast. Although the score was still tied, the win was given to Halsor by criteria. Mast was Wartburg's wild card wrestler at 158.

Mike Alesch lost by a single point in overtime to Augustana's Martin Hammers. Hammers won 4-3.

At 177 pounds, Chad Gerbracht beat teammate Chris Ortner 6-1.

A takedown decided Blake Williams' fate. His opponent from Augustana left him as runner-up at 190 pounds. Williams lost 2-3.

Matt Powelka beat Barry Foster for his third place title in the heavyweight class, 4-1.

Miller said Casey Christensen was the wrestler expected to advance, but was held back from success by a shoulder injury.

"I was satisfied with how we competed and wrestled," Miller said. "This is where I wanted to be at this time."

The Knights have climbed to the top of Division III in the most recent Coaches National Polls, returning seven national qualifiers from last year's squad.

The squad will travel to Orlando, FL to compete in the Florida Duals Dec. 29-30.

TAKING FATE BY ITS HEAD—Knight Casey Christensen captured sixth place in the Dick Walker Invitational partially because of an injury to his shoulder. Wartburg swept the meet by advancing 11 Knights into the championship round. *Photo by Nathan Friesen*

Two points for what?

Slap Shots

Scott Harves

For some, the winter sports season is all about basketball. Whether you are involved in the sparse gatherings at Knights Gymnasium, or you are huddled around your television or radio, basketball is usually the entree on your plate.

Until a few years ago, my winters consisted of lacing up the skates to partake in that game on a frozen pond which we Minnesotans affectionately call "ice hockey." Upon my arrival at Wartburg, I discovered something so new to me that I was immediately drawn to inquire about this thing called wrestling.

Although I would never trade in my helmet and skates for a set of headgear, the sport offers something for sports fans that you don't see in any other sport.

To watch a wrestling match, you don't need to know what a takedown is, you don't need to know what an escape is, and you don't even have to know who Dick Walker is. (Walker was the wrestling coach at Wartburg until his death in a car crash a few years ago.)

What makes wrestling so great is the fact that you can go to meet, cheer on your favorite wrestlers, and the scoreboard and referees take care of the rest. For the members of the Wrestling Knowledge Vacancy Guild, which I am the founder of, we have no problem partaking in Wartburg's most successful sport because it is the only sport where we can watch without having the foggiest idea of what is going on.

When it's one on one out there in the sacred orange and black circle, you get to see the side of a wrestler which you don't normally see when chatting with one during a Foundations of Science lecture. Although I've known a few wrestlers to practice their moves on innocent bystanders on occasion, you cannot find one of Jim Miller's men suffering from a lack of intensity once they slide on that black singlet and lace up those shoes which resemble poorly constructed high-tops.

When I say that these guys are successful, it's a pretty big understatement. The Knights placed second in the nation in 1993 and '94, before falling to a modest sixth place in last year's nationals at Augustana.

This year, the Knights have been mentioned by some as the team to beat in Division III. They breezed through the Dick Walker Invitational like our football team smeared William Penn. In fact, the Knights wrestled themselves in championship matches, something which really isn't supposed to happen.

The Knights are so good, they spend their season wrestling Division I and II opponents to further enhance their skills to beat up on lowly Division II teams.

Whether this will finally be Coach Miller's year of glory has yet to be determined. One thing is for sure. You won't see a Wartburg Wrestling meet this season which won't be a battle to the finish, or until the heavyweight sings.

UPCOMING EVENTS

December 15

Men's Basketball vs Iowa Wesleyan — 7:30 p.m.

December 28-30

Women's Basketball at Colorado College Tourney — Colorado Springs, CO

DECEMBER 29-30

Men's Basketball at Occidental Tourney — Los Angeles, CA

Wrestling at Florida Duals — Orlando, FL

JANUARY 4

Wrestling vs James Madison — 7 p.m.

JANUARY 5

Women's Basketball vs Luther — 6 p.m.

Men's Basketball vs Luther — 8 p.m.

JANUARY 6

Wrestling at Iowa Duals — 9 a.m.

Women's Basketball vs Dubuque — 6 p.m.

Men's Basketball vs Dubuque — 8 p.m.